

Dear Doctor,

I am sending this note to send my heartfelt gratitude. Thanks for easing my pain and thanking for encouraging me when I was down. I am so thankful for treating me well. I feel healthier now and all those anxious thoughts, brain fog, depression, fatigue etc. have decreased a lot. Thank you so much and thank you for being patient with me though I am a difficult patient. It is very likely that I might be in a very bad condition today if not for your expert in noticing my symptoms and your knowledge of my condition. I thank you for being such a compassionate and smart doctor. I would also like to request if I could continue with the supplements for a few months more as I am unable to go for checkup as of now. (Lastly, I take back most of what I wrote in my last email for which I am responsible, I wrote it in a bad state of mind feeling hopeless and worthless with myself. But I am better now because of you.)

With deep gratitude.

Imli